



DESCRIPTION

The Asian American Federation (AAF) is excited to announce our Leaders in Training (LIT) Program on the theme of "How to Be an Effective Leader" for Spring 2023. This program is intended to serve mid- to senior-level managers and directors looking to understand, engage, and support more effectively the people within their organization so that they can do their best work. The program is structured as five workshops, with one hour of coaching built in.

Kicking off the sixth year of our LIT Program, we are happy to announce that our updated program offering will include two in-person and three virtual sessions.

ELIGIBILITY

Participants must meet the following criteria:

- Serve as a director, manager, or supervisor at an organization serving a community of color (limit one participant per organization)
- Preference will be given to organizations with an annual budget of \$150K to \$2M
- Manage a team of two or more people
- Commit to attending all five workshops and completing one hour of coaching

APPLY

bit.ly/AAFLIT23

Deadline: January 18, 2023 at 12 PM ET



WORKSHOPS

SESSION #1 (IN-PERSON): IMPACTFUL LEADERSHIP AND THE ROLE OF THE MANAGER

Date: Friday, February 3, 10:30 AM to 1:30 PM ET

This session will focus on understanding impactful leadership and the management skills necessary to be successful, including when to step in and when to step back. This workshop will also introduce the importance of self-care as part of being an impactful leader, especially during these stressful times.

SESSION #2 (VIRTUAL): GUIDING, SUPPORTING, AND ADVOCATING

Date: Friday, March 3, 10 AM to 12 PM ET

This session will introduce participants to a supervision model that focuses on the three main roles that managers play: guiding, supporting, and advocating. Participants will explore each of these roles and the tools to help them embrace the different dimensions of being an effective manager.

SESSION #3 (VIRTUAL): GIVING FEEDBACK

Date: Friday, March 31, 10 AM to 12 PM ET

This session will provide participants with a simple framework for providing feedback to staff, especially in situations that might involve difficult discussions.



WORKSHOPS

SESSION #4 (VIRTUAL): BUILDING STRONG TEAMS

Date: Friday, April 28, 10 AM to 12 PM ET

This session will focus on the role that participants have in building and supporting a team of staff. Participants will be introduced to the three dimensions of success—results, process, and relationships—and their importance in developing and managing a team. Participants will get an opportunity to explore how these concepts can apply to their teams through an interactive exercise. This workshop may also touch upon how to prevent—and intervene, as needed—common team dysfunctions.

SESSION #5 (IN-PERSON): MANAGING UP AND SELF-CARE

Date: Friday, June 2, 10:30 AM to 1:30 PM ET

This session will explore the role participants have working with their executive directors or supervisors, and help participants understand how to "manage up" better and clarify what is needed from supervisors to be successful. The workshop will also present some tools to help participants care for themselves and prevent burn-out—especially as we try to support and care for staff and community in this time.



TESTIMONIALS

"I'm grateful for this experience. I learned a lot about myself and my leadership style. I was able to gain more confidence, and it's reflected in the way I manage my team."

> "I really appreciated the trainer's insight, his thoughtfulness, and how he helped us relate to the topics and apply them in practical ways."

"This training has really given me insight into how I view my management styles, the different people I supervise, and how to respond when different needs come up. Thank you! It has been the most helpful training I have gone to so far."



QUESTIONS?

CONTACT US

Daphne Thammasila, Associate Director of Programs: daphne.thammasila@aafederation.org or (212) 344-5878 x200

Funded by the New York City Council